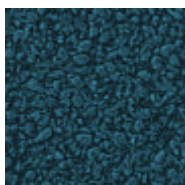
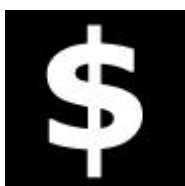





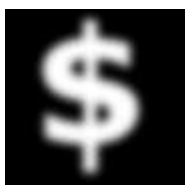
### Andy's Photoshop Tip #13 - Simple Punch




- 1 Start with any background texture or color. Copy it (CTRL+C).



- 2 Click on the Channels Palette and create a new channel . In that new channel, create your image or type your text.



- 3 Once you have your image, click on the channel that you just made (#4) and drag it to the new channel icon . This will create a new channel. Now on the new channel, select all (CTRL +A) and using your arrow keys, move your selection left 2 pixels & up 2 pixels (You can also use 3 or 4 pixels if you want a deeper effect). Now repeat the last step by dragging that channel to the new channel icon. A third image will appear. Now select all and move that selection down 4 pixels & right 4 pixels.



- 4 Click on the RGB channel and go back to your background. Press (CTRL+ALT+6) to load your bottom channel. Fill it (SHIFT+F5) with 100% black. Press (CTRL+ALT+5) to load your top channel and fill it with 100% white. Now press (CTRL+ALT+6) again and fill with 50% black.



- 5 Now load your 1st selection (CTRL+ALT+4) and click EDIT/PASTE INTO. This will fill the middle image with your original background. You can get a more realistic look by filling that selection (SHIFT+F5) with 10% white. You can also adjust the levels. There you go!

